



WEEKLY BISON TRACKS

DREAM/RÊVEZ, BELIEVE/CROYEZ, ACHIEVE/ACCOMPLISSEZ

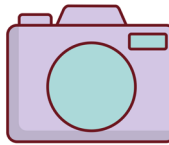
WELCOME BACK BISONS

COVID-19 DAILY SCREENING

To ensure schools and Division offices are safe for students, teachers and administration, all school staff and families must mentally complete a [COVID-19 Screening Questionnaire](#) every day.

PICTURE DAY/ RETAKES

September 14
Junior and Senior High



[AJS School Calendar](#)

EIPS Divison News

- [School Re-Entry Planning](#)
- [Tools for School](#)
- [School Calendar: For all schools](#)

MEET THE TEACHER (VIRTUAL)

Wednesday, September 9

AM Block - 4:15 p.m. to 4:45 p.m.

PM Block - 5:00 p.m. to 5:30 p.m.

CAFETERIA REOPENING



Tuesday, September 8

Check out the [weekly menu](#).

Bell Schedule 2020-2021 Quarters 1-4

Regular Day (172 minute blocks)

Warning Bell 8:40 a.m.

Block 1 8:42 a.m. – 11:34 a.m.

Lunch Break (48 min.) 11:34 a.m. – 12:22 p.m.

Dismiss #1: 11:30 a.m. (High School)

Dismiss #2: 11:34 a.m. (Grades 7-9)

Warning Bell 12:20 p.m.

Block 2 12:22 p.m. – 3:14 p.m.

Dismiss #1: 3:10 p.m. (Grades 7-9)

Dismiss #2: 3:14 p.m. (High School)

Staff Meeting Day (142 minute blocks)

Warning Bell 8:40 a.m.

Block 1 8:42 a.m. – 11:04 a.m.

Lunch Break (48 min.) 11:04 a.m. – 11:52 a.m.

Dismiss #1: 11:00 a.m. (High School)

Dismiss #2: 11:04 a.m. (Grades 7-9)

Warning Bell 11:50 a.m.

Block 2 11:52 a.m. – 2:14 p.m.

Dismiss #1: 2:10 p.m. (Grades 7-9)

Dismiss #2: 2:14 p.m. (High School)

**The Ardrossan Bison's
Welcome Week
September 8-11th**

Tuesday - Cookies and Virtues

Wednesday - Hat Day

Thursday - Bison Pride
Wear your Colours

Friday - Apples



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Quick Facts: Video Surveillance

Did you know each EIPS bus is equipped with video surveillance? Video surveillance and equipment helps:

- ensure the safety of all students, drivers and property; and
- discourage destructive acts.

On a regular basis, EIPS Student Transportation reviews the video recordings, in accordance with the Freedom of Information and Protection of Privacy Act (FOIP). The recordings assist the department with monitoring student and driver conduct and may be used as evidence in a disciplinary matter.

For more information about the collection, use and disclosure of personal information, contact the EIPS FOIP Co-ordinator at 780-464-3477

Update Your PowerSchool Information

The “Correction and Verification Form” is now available online through your PowerSchool Parent Portal. Families can use the form to access and update their child’s information—including address, parent and guardian information, emergency contacts and any medical information. Reviewing and updating the form ensures the school has the most up-to-date information regarding your child. In particular, please pay close attention to all phone numbers, email addresses and emergency contact information. We will undoubtedly continue to have important information to communicate with families throughout this school year—whether your child is registered in in-school or out-of-school learning—and we want to ensure you receive this information. If you haven’t already done so, we ask all Ardrossan Junior Senior High families to review their child’s PowerSchool information by Sept. 20, 2020.

For more information about the PowerSchool Correction and Verification Form, contact the school directly.

Orange Shirt Day

EIPS will recognize Orange Shirt Day on Wednesday, September 30. The official Orange Shirt Day date is September 30. A date in September was chosen because it is the time of year when children were taken from their homes to Residential Schools, and because it is an opportunity to set the stage for policies and resources that support diversity for the coming school year. Orange Shirt Day is an opportunity for First Nations, local governments, schools and communities to come together in the spirit of reconciliation and hope for generations of children to come.



Masks Resources

Staff at the Stollery Children’s Hospital and the University of Alberta have come together to create some mask resources for parents and teachers to help educate students about mask use. Each document includes information for students learning to wear masks for school and a list of additional resource links.

- [Back to School with a Mask](#)
- [School with a Mask: For junior and senior high students](#)



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Free

Kids Have Stress Too! Grades 7-12

September 8 6:00 to 8:00 p.m.

Stress is a natural part of everyday life that affects us all. Some stress is good for us, but some stress can have lasting effects on our health and wellbeing.

Join us on September 8th from 6:00 - 8:00 PM for Kids Have Stress Too! Grades 7-12. In this free online parent education session, we will explore what stress is and how it affects our brains and bodies, and we will discuss practical strategies for supporting our youth in reducing and managing their stress.

To register visit:
strathcona.ca/parentsupport

In partnership with Strathcona County's Mental Health Capacity Building Program. Strathcona County's Mental Health Capacity Program is made possible through Alberta Health Services and Strathcona County.

For more information visit:
strathcona.ca/familyresourcenetwork

Kids Have Stress Too Grades 7-12

September 8 from 6-8 p.m. online

Register at Strathcona.ca/parentsupport

Stress is a natural part of everyday life that affects us all. Some stress is good for us, but some stress can have lasting effects on our health and well-being.

In this free online parent education session, we will explore what stress is and how it affects our brains and bodies, and we will discuss practical strategies for supporting our youth in reducing and managing their stress.

SAME SPACE. NEW FACES! The Mental Health Capacity Builders for AJS for the 2020-21 year will be Jacqueline Fraser and Asma Ammounh. We are excited to be here and look forward to meeting everyone. If you have questions about mental health or how to find support for yourself, friends or family we would love to connect with you.



Bell
Let's Talk

Did you know September 10th, 2020 is **World Suicide Prevention Day**. Today, take a minute and reach out to someone. This

could be a friend, peer, family member, colleague or even a neighbour. You never know who might just need an extra hand especially during a pandemic. This day is especially important to recognize because suicide impacts all of us. World Suicide Prevention Day is a chance for everyone to learn and understand suicide better and how to support those of us that are impacted by thoughts of suicide, attempt, or a loss. This day gives us time to reflect and bring awareness to others and the importance of mental health. Lastly it advocates the need for mental health resources and reduce the stigma around suicide.

Check out this [link](#) about actions we can do to help someone.

BACK TO School BASH

The Strathcona County Child and Youth Coalition invites Strathcona County youth to participate in a night of **physically-distant** fun at the Back to School Bash!

This event will feature:

- Live entertainment
- Physically distant activities
- Snacks, swags and prizes
- Outdoor movie screening

Date: **Friday, September 11**
Time: **6:30-10:30pm**
Cost: **Free**
Location: **Ardrossan Regional Park**

Scan for more info

For more info and to register visit:
strathcona.ca/backtoschoolbash