



WEEKLY BISON TRACKS

DREAM/RÊVEZ, BELIEVE/CROYEZ, ACHIEVE/ACCOMPLISSEZ

2020 Red Carpet Grad Recognition
June 22nd to June 24th, 2020



We are so excited to have the opportunity to celebrate this significant milestone with our students and families, while also respecting the restrictions necessary for everyone to remain safe and healthy. We are confident this plan allows graduation to remain a special moment for students and their families—and a memory you will look back on with fondness. Schoolwide, we're incredibly proud of the work the Class of 2020 has put into achieving this important milestone, and we look forward to the opportunity to see each of you again for your special moment.

We are working at providing as much detail as possible and ask that you follow all instructions in order for us to be able to provide this opportunity. We will be strictly adhering to the latest AHS Covid-19 and EIPS guidelines on small group gatherings. We are looking forward to celebrating with you all!



School Council Meeting

Ardrossan Jr. Sr. High School will be having the next School Council meeting on Monday, June 1st at 6:30 p.m.

We hope that you can join us on Google Meets virtually as we continue to keep everyone safe.

Please RSVP to Colette.Pietsch@eips.ca by Monday at 3 p.m.

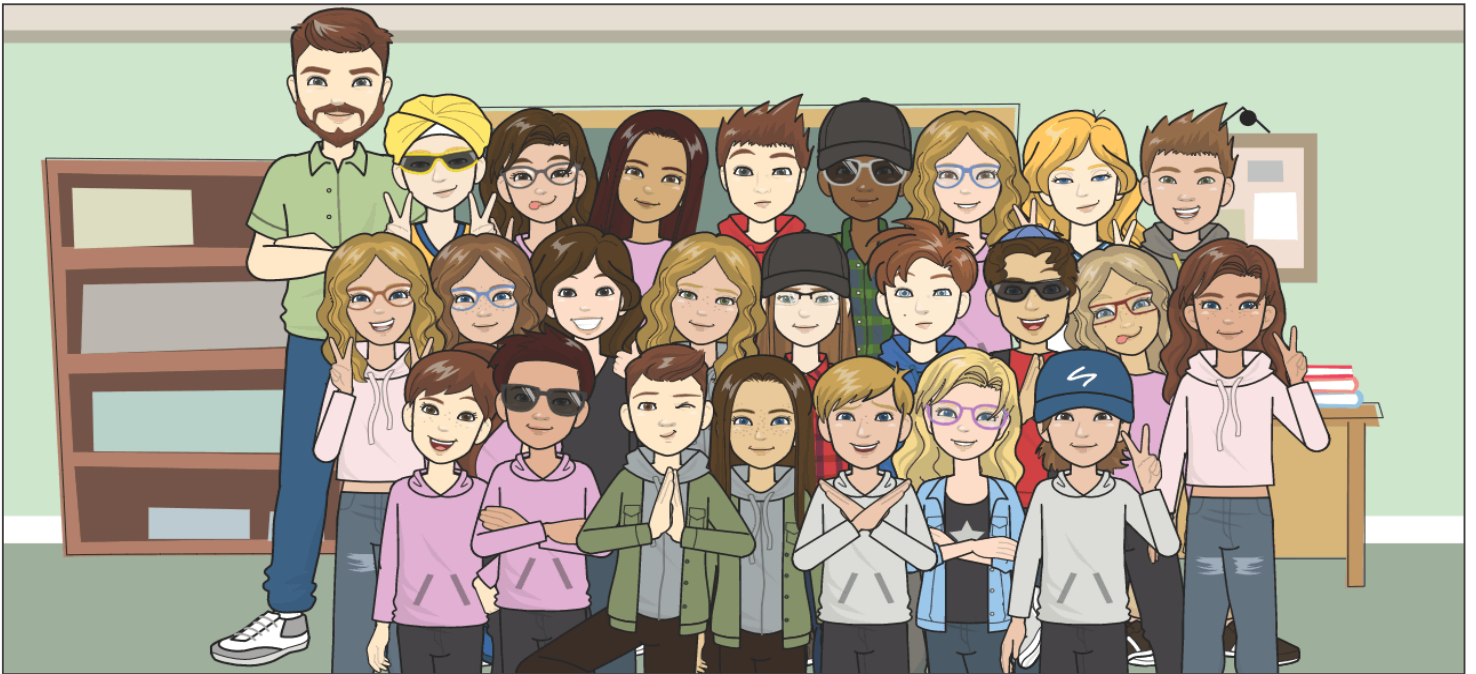
The Meet code will be sent to you via that email at 6 p.m. on Monday for your use only.

We look forward to sharing budget information for next year, getting feedback on planning for next year and hearing about the alternate platform.



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Online rendering of Mr. Laliberte's class 77.

Student Services also has a Google classroom full of resources and ideas to support students and families. Information about scholarships and registration will also be posted there.

Sign up! Classroom Code: crlxr7q

You can email the counsellors directly if you'd like to arrange time for a chat:

ann.boake@eips.ca

tamia.richardson@eips.ca

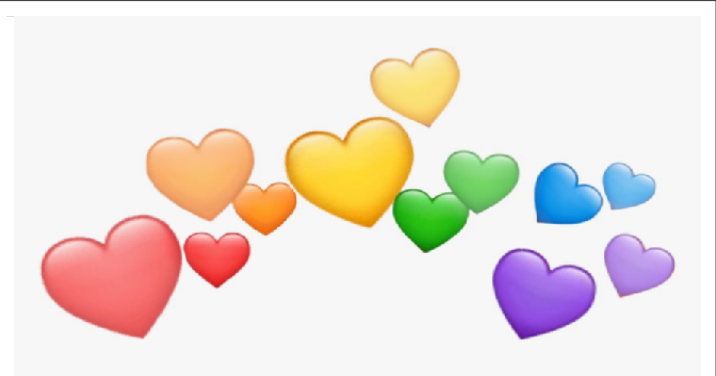




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Any grade 7s taking the Alberta Conservation and Hunter Education course online from Mr. McKinnon are advised to check the Grade 7 Options Classroom for two important announcements regarding the course.



The Gay-Straight Alliance is continuing to meet on Wednesdays at 12:30. If you'd like to attend, please contact Mme Robinson, Mrs. Boake, or Mrs. Richardson for the meeting link.



Online rendering of Mrs. Reddy's class 76.



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StoryMaking

Thursdays, May 21 to June 25
2 p.m. to 3 p.m.

For: Parents and Caregivers and their children ages 3 - 12 years

Join us in the StoryMaking Movement to help your children learn to use everyday materials and tools to become creative makers, storytellers, artists, and writers. There is no need to buy extra stuff! Children will be inspired to use observation, creativity, and problem-solving to imagine and share their own stories using what is available.

To register, visit: strathcona.ca/parentsupport



Kids Have Stress Too!

Stress is a normal part of everyday life for children and adults, but too much stress can be overwhelming.

Join us for this workshop to look at strategies to help reduce stress and support your child to develop effective coping techniques.

Session One: Introduction (register for one)

In this session we will look at our own stress, how stress appears in children and types of stress.

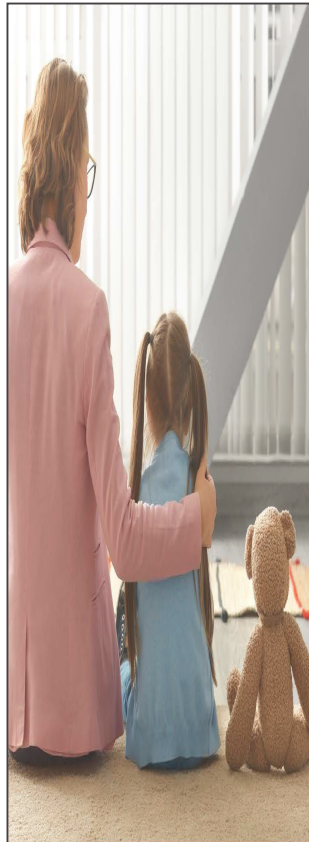
FOR: Parents, caregivers and educators of children ages 3 to 18 years
WHEN: Tuesday, June 2 7 p.m. to 7:45 p.m.
Tuesday, June 9 12:15 p.m. to 1 p.m.

Session Two: Tools for Parents (register for one or more sessions)

In this session we will look at the key concepts that will give parents practical strategies to help recognize, understand and deal with childhood stress. For school age children, we will discuss tools to help children build their social-emotional development and stress management skills.

FOR: Preschool & Kindergarten
WHEN: Thursday, June 4 12:15 to 1 p.m.
FOR: Grade 1 to 3
WHEN: Thursday, June 4 7 p.m. to 7:45 p.m.
FOR: Grade 4 to 6
WHEN: Tuesday, June 9 7 p.m. to 7:45 p.m.
FOR: Grade 7 to 9
WHEN: Thursday, June 11 12:15 p.m. to 1 p.m.
FOR: Grade 10 to 12
WHEN: Thursday, June 11 7 p.m. to 7:45 p.m.

To register, visit: strathcona.ca/parentsupport
For more information, email: familyresourcenetwork@strathcona.ca



Parenting through Uncertainty

Wednesdays, June 3 to 24 • 7:15 to 8p.m.

For: Parents and Caregivers of children 0-18 years

COVID-19 represents a challenge to families around the world that is unlike anything we have ever experienced. While the pandemic has changed many things about our daily lives, it has not stopped child development. Even during this uncertain time, children are still learning, growing, and developing. Join us weekly to discuss various parenting tips and resources that help parents support their children and look after themselves.

To register, visit: strathcona.ca/parentsupport





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[Mental Health Capacity Building Information](#)
[Upcoming Family and Community Events](#)



INTRODUCING

A 3 WEEK GROUP FOR GIRLS,
AGES 13-15, TO TALK ALL
THINGS HEALTH, INCLUDING
RELATIONSHIPS!

GLOW UP

May 19th, 26th, and June 2nd

11:00AM-12:30PM

Join Us on Zoom!

Email Publiced@saffroncentre.com to
register

In partnership with Strathcona County's Mental Health Capacity Building Program. Strathcona County's Mental Health Capacity Program is made possible through Alberta Health Services and Strathcona County.