



## **Bison Athletics Volleyball Camp 2020**

The Summer Camp Program bolsters our Athletic Program by giving our future and current AJS students exposure to four full days of Volleyball.

The impact of this exposure will pay huge dividends in the success of our sports teams in the future as well as giving our students a chance to enjoy athletics at a higher level.



## **Bison Athletics Volleyball Camp**

**C/O Michael Gordulic  
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Ardrossan, Alberta  
T8E 2M8**

# **Bison Athletics Volleyball Camp**

**Camp Registration Deadline:**  
June 22<sup>nd</sup>, 2020

**How to Register:**  
Drop the registration form and payment to  
Ardrossan Jr. Sr. High School Main Office.



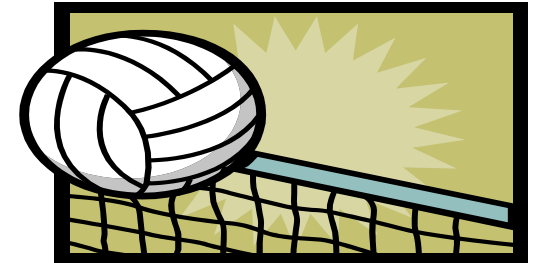
# Bison Athletics

## Volleyball Camp

### 2020 Information

## Camp Details

Age Category	Dates	Cost
Grade 5-11	August	\$130
11-17 yrs.	17-20	



This year marks the tenth year in which we will be hosting a **Volleyball Summer Camp**. This camp will feature instructors consisting of Ardrossan Junior Senior High Staff Members along with various High School and College volleyball coaches and athletes.

The **camp** will run daily from **9:00 am to 3:30 pm** for four days.

Please note that there will be a lunch break from **11:30 am to 12:30 pm**.

Camp Participants will be exposed to skill development in small instructor to student ratio, age designated groups.

Morning sessions will constitute a **warm-up** followed by **skill development**. Afternoon sessions will be comprised of additional skill development and **round robin game play**.

The final day of Camp will culminate in **tournament play**.

### Camp Features

- The program will focus on skills such as:
  - ✓ Ready position
  - ✓ Forearm passing
  - ✓ Overhead setting
  - ✓ Attacking
  - ✓ Blocking
  - ✓ Serving
  - ✓ Defence
  - ✓ Game Play
  - ✓ Beach Volleyball court practice
- Two full-sized gymnasiums at Ardrossan Jr. Sr. High School.
- Participants will play on a team that will play daily league games as well as a wrap up tournament.

### Registration Form

\_\_\_\_\_  
Name of Camp Participant

\_\_\_\_\_  
Age                      Grade Entering                      Gender

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Email Address

\_\_\_\_\_  
Parent Contact

#### Forms and payments to the office:

*Grades 5 and 6 students can make cheques payable to Ardrossan High School.*

*Current AJS students can check this box and the fee will be added to their student account. You can then pay online through the Parent Portal.*

*AJS students can make cheques payable to Ardrossan High School.*

*I will be attending Ardrossan Jr. Sr. High for the 2020/21 school year.*

**For questions, please contact  
Michael Gordulic**

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(Email) Michael.Gordulic@eips.ca