



WEEKLY BISON TRACKS

DREAM/RÊVEZ, BELIEVE/CROYEZ, ACHIEVE/ACCOMPLISSEZ

School Calendar

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VAPING

INCREASE YOUR VAPING AWARENESS

EDUCATION SERIES FOR GRADE 7 STUDENTS

December 9, 10, 16 and 17
Block 2 and 4

ARDROSSAN JR SR HIGH

Strathcona County's Mental Health Capacity Building team is partnering with Alberta Health Services to provide adolescents with a deeper understanding of the effects of vaping. Through an interactive presentation, students will be provided relevant and up to date information that will provide them with a deeper understanding of the health concerns around vaping. Students will have accurate information to guide them in making health decisions that will support their overall health. Information from this session will be made available for parents/caregivers to support additional conversations at home.

PARENT INFORMATION SESSIONS

FAMILY RESTRUCTURING

WEDNESDAY, JANUARY 8
6 P.M. TO 7:30 P.M.

Family Restructuring is a process that families experience as a result of separation, divorce, or losses that disrupt family life. Learn how to stay meaningfully involved in the upbringing of your children by learning skills and strategies to support them through change.

FOR: Parents and caregivers of school aged children
 COST: FREE
 LOCATION: Family and Community Services
 2nd Floor, East Wing Community Centre
 401 Festival Lane, Sherwood Park
 TO REGISTER: strathcona.ca/parentsupport

CHRISTMAS COOKIES

Let our High School Culinary Team help you with your Holiday Baking! Each year we will be selling for \$2.00/cookie. They will come packaged in 100 cookie packs. Pre-packaged ready for serving or for freezing. There will be a limited quantity for this seasonal year so be fast come, first serve.

LET US HELP YOU WITH YOUR HOLIDAY BAKING!

The choices are:
 • Maple shortbread
 • Coconut thumbprint
 • Cookies with Raspberry jam
 • Ginger-Sourdough
 • Sugar cookies
 Sugar cookies will come with an imprinted pattern, so you can make them personalized or let them with your choice of icing and sprinkles.

Please order by December 11. Pick up dates are December 16 and 18 from 3:30 p.m. to 5:00 p.m.
 If you need your cookies sooner, please email Kristy Purdy.

Order by email to kristy.purdy@eips.ca
 Payment to Ardrossan Jr/Sr High School, by cheque, cash or on your account.

CAREGIVER EDUCATION

for the Edmonton Zone

The Children, Youth & Families- Addiction and Mental Health (AHS) and Regional Collaborative Service Delivery (RCSD) are pleased to continue to provide the Caregiver Education Series. These free 90 minute sessions are intended to provide parents, caregivers, teachers, and community members with basic level information regarding addiction and mental health challenges that can and do affect children and youth. Click [here](#) to view the sessions available in Winter 2020. [Register](#) now.

UPCOMING FIELD TRIPS

- December 16**
Band Gr. 9-12 Perform at Uncas School
Spanish 10, 20, 30 Lunch at Mexico Lindo
- December 17**
Band Gr. 9-12 Perform at Ecole Parc
Calysto Hackathon
PE 10/20 Spin ARC
- December 18**
Band Gr. 9-12 Perform at Ardrossan Elementary
PE 8 Yoga ARC
PF Hockey Ardrossan Arena
- December 19**
PF Field Games Millenium Place
- December 20**
Physics 20 WEM Field Trip

WINTER BREAK

Ardrossan Jr Sr High School will close for the winter break at the end of the day on Dec. 20, 2019. The school will reopen on Jan. 6, 2020. During this time, if you have any school-related questions or concerns, contact Elk Island Public Schools (EIPS) Central Services at 780-464-3477.

EIPS Central Services Winter Break Hours
 Closed December 25-January 1
 Open January 2-3 8:30 a.m. to 4:30 p.m.
 *for location and contact information visit www.eips.ca.

From everyone at Elk Island Public Schools, we wish all of you a happy holiday season and a wonderful New Year.

Purdy's CHOCOLATIER

Ho Ho Holiday Lolly

Get a LOLLY & be JOLLY

\$2 ea.

Common area | Dec 17+18 | Lunch

In support of Canadian Parents for French - Ardrossan Chapter

Point of Aim Survival Camp





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		AIS EXAM SCHEDULE - JANUARY 2020										2nd Shift
		*Location of Exams for AIS: 4440-46th Avenue, Grande Prairie, AB, T6V 2S9										
	Monday January 13 2020	Tuesday January 14 2020	Wednesday January 15 2020	Thursday January 16 2020	Friday January 17 2020	Saturday January 18 2020	Sunday January 19 2020	Monday January 20 2020	Tuesday January 21 2020	Wednesday January 22 2020	Thursday January 23 2020	Friday January 24 2020
D I P L O M A S			ELA 30-1 ELA 30-2 Part A 9:00 AM - 12:00 PM	Social 30-1 Part A 9:00 AM - 12:00 PM Social 30-2 Part A	Lead Day of High School classes		Math 30-1 Math 30-2 9:00 AM - 12:00 PM	English Language Arts 30-1 Part B English Language Arts 30-2 Part B 9:00 AM - 12:00 PM	Social Studies Studies Societies 30-1 Part B Social Studies Studies Societies 30-2 Part B	Science 30 9:00 AM - 12:00 PM	Chemistry 30 9:00 AM - 12:00 PM	Physics 30 9:00 AM - 12:00 PM
E R E N G E	English Language Arts 30-1 Part A 9:00 AM - 12:00 PM	Math 30-1 Math 30-2 9:00 AM - 12:00 PM			English Language Arts 30-1 Part A 9:00 AM - 12:00 PM	Math 30-1 Math 30-2 9:00 AM - 12:00 PM	English Language Arts 30-1 Part A 9:00 AM - 12:00 PM	English Language Arts 30-2 Part A 9:00 AM - 12:00 PM	English Language Arts 30-2 Part B 9:00 AM - 12:00 PM	Science 30 9:00 AM - 12:00 PM	Chemistry 30 9:00 AM - 12:00 PM	Physics 30 9:00 AM - 12:00 PM
P A T S						Grade 9 English Language Arts Part A 9:00 AM - 11:00 AM				Grade 9 English Language Arts Part B 9:00 AM - 10:00 AM	Grade 9 Science 9:00 AM - 10:00 AM	Grade 9 Social Studies 9:00 AM - 10:00 AM

High School Students writing final exams must bring identification.

Semester 2 Course Changes:

Students can request course changes during the first week back to school in January. All changes will be completed by the start of Semester 2.

See the course change sheets posted on the office windows.

Grade 12s

Diploma Exam Prep Classes – EIPS Continuing Education offers diploma prep classes in January. Call 780-467-7292 or register online at <https://www.eipscontinuinged.ca/program-info/diploma-exam-preparation>

Post-Secondary News

Green and Gold Getaway 2020

Green and Gold Getaway is a chance for 20 grade 11 students from across Alberta to visit one of Canada's top 5 universities for an exciting weekend taking place May 22-24, 2020. Learn more at uab.ca/ggg.

UAlberta Info Week

It's almost that time again! UAlberta Info Week will take place on campus from January 28 - 30, 2020. Your students will have the chance to learn more about what they'll study, find out about admission requirements, discover career paths, and ask all of their admission questions. The presentation schedule is live at uab.ca/infoweek, and NEW for this year is a parent session each night!

Preparing for Exams

These are some popular websites teachers recommend students use to aid in studying for upcoming exams:

Exam Bank – practice tests for all K-12 subjects – www.exambank.com

username: ei.ajs password:ski

EDQuest – Science notes and practice tests for Junior High - <http://www.edquest.ca/>



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BISON FOOTBALL AWARDS 2019



- Academic Award – Aiden Bain
- Most Improved Player Award – Keelan Verkland/Joseph Funk
- Rookie of the Year- Dustin Jonker
- Unsung Hero Award –Matthew Freier
- Heart Award- Hayle Lueders
- Most Valuable Player Special Teams – Laine Santos
- Most Valuable Back Offense – Colton Strayer
- Most Valuable Back Defense – Colton Strayer
- The Terry Award – Kody Prusak
- Most Valuable Defensive Lineman – Orrin Koop
- Most Valuable Offensive Lineman – Aiden Bain
- Most Valuable Player on Defense – Kody Prusak
- Most Valuable Player on Offense – Evan McGeachy
- Most Valuable Player – Hayle Lueders



CONGRATULATIONS TO ALL OF THE RECIPIENTS!

12 Days of Christmas



- December 5:** Hot Chocolate (Front Doors in Morning)
- December 6:** Christmas Movie (Cafeteria @Lunch)
- December 9:** Christmas Kahoot (Cafeteria @Lunch)
- December 10:** Christmas Photo Booth (Grad Hall @ Lunch)
- December 11:** Gift Scavenger Hunt (Morning)
Exchange Paper Presents for Real Gifts (Grad Hall @Lunch)
- December 12:** Guess the Santa (Morning Announcements)
Selling Candy Grams for **25¢ Each** (Grad Hall @ Lunch)
- December 13:** Guess the Carol (Morning Announcements)
Selling Candy Grams for **25¢ Each** (Grad Hall @ Lunch)
Christmas Movie (Cafeteria @Lunch)
- December 16:** Christmas Hat Day (All Day)
Cookie Decorating for **50¢ Each** (Grad Hall @ Lunch)
- December 17:** Red and Green Day (All Day)
Cookie Decorating for **50¢ Each** (Grad Hall @ Lunch)
Candy Gram Delivery (Block 1)
- December 18:** Ugly Sweater Day (All Day)
Pictures with Santa (Grad Hall @ Lunch)
- December 19:** Pyjama Day(All Day)
- December 20:** Formal Day (All Day)



Strathcona County Christmas Bureau
JR. HIGH HOMEROOM CHALLENGE

The Junior High Homeroom class that donates the largest number of items (food or personal) to the STRATHCONA CHRISTMAS BUREAU will win 30 min. of Visiting & Game time during their Homeroom class on January 6, 2020.

Strathcona County Christmas Bureau
GET YOUR CAFETERIA CHAIRS BACK

Donate 3 items (food or personal) to the STRATHCONA CHRISTMAS BUREAU and receive a cafeteria chair with YOUR NAME on it for the remainder of the year.

Strathcona County Christmas Bureau
SR. HIGH CHALLENGE

The top 4 Sr. High Students donating the largest number of items could receive one of the following 4 prizes.

1. Tickets to Oilers Dec 21 Game
2. One of Miss Nam, Mr. Schwartz, or Mr. Hick's Parking Stalls for January 6-10, 2020

STUDENT COUNCIL NEWS

It's that time of year again where us Bisons show our support for those in our community. From Nov 25 - Dec 17 Student Council will be collecting food and personal items for donation to the Strathcona Christmas Bureau. Collection will happen each day at the theater doors between 11:45 and 12:15.

This year we have a couple of challenges for you. We will have Junior High and Senior High Challenge...see posters around the school and check out [instagram](#) for more details.