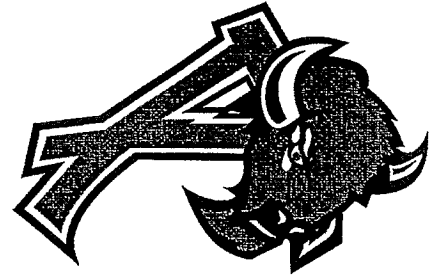


August 31, 2016



Ardrossan Junior Senior High School is continuing a major fundraiser, **Student Union Ticket Packs**, with profits going towards our Wellness Centre. It is our goal for each student to sell at least one Student Union Ticket Pack (SUTP). If successful, the Wellness Centre will receive approximately \$4000.

SUTP's are a very popular item for families, friends and neighbors because they offer such a wide variety of coupons. As an incentive to our students, we are offering rewards for every third and sixth book that a student sells. With an order of three SUTP books, a student will receive a \$5 cafeteria coupon or for each six books sold, one additional book will be given to the student free. The student selling the most books will receive \$200. All students will be eligible for many other prizes, including Grand Prizes offered by SUTP ( see pamphlet for details), gift cards and other recreational-related prizes.

The Ardrossan Wellness Centre promotes health and wellness to students and staff. It features: Squat cage and power lifting mat with rubber weights, leg press, bench press, a five-station multi-use machine, Chinup/Dip Assist Machine, Hammer Strength Chin/Dip/Leg Raise Station, TKO Rubber Free Weights with a rack, and plyometric training equipment. The cardio section includes a Life Fitness Treadmill, 8 spin bikes and 2 elliptical trainers.

Purchases for 2015-2016, is a new sound system and TV/DVD. Fundraising profits also assure that the Wellness Centre is maintained on a regular basis. 2016 SUTP proceeds will go towards a new power lifting station.

Thank you to the community for the support of the Ardrossan Jr Sr High School Wellness Facility and the student/staff health benefits.

On August 31-September 1, you will receive an information booklet summarizing the coupons in the SUTP Book and an order form.

The campaign will run until **September 16 only**.

1. Take the booklet home. Ask your family, friends and neighbors if they are interested in buying a book for smart phones. Also available, SUTP's for Red Deer and Calgary. (If you are visiting friends or relatives on the Long Weekend, you can bring in your order form on Friday, September 2 and receive your SUTP book or Ap.)
2. Fill out the order form and collect \$20 for each book you sell.  
Preferably, please pay by **Cheque (payable Ardrossan Jr Sr High School)**
3. Bring your order form and money to the main office before the first morning bell on **Wednesday, Sept 14 - Friday, Sept 16.**  
You will receive your SUTP books and completed order form at this time.  
\*Do not give completed orders to homeroom or PE teachers!
4. Please distribute your books and aps within 2 days of receiving them. You will also qualify for prizes mentioned above.
5. Thank you! Your efforts are greatly appreciated.

Mrs. Gordulic

AHS Physical Education Department